## CAREERS@NEWSTEAD



Choosing your next steps

Tips for interviews

Applying for work experience placements

## Introduction from Mr Lewis

The autumn term is always an exciting time for students' personal development. Our students are really getting stuck into the academic year: our Year 13 students face the twin challenges of mock exams and UCAS applications and Year 11s too are making crucial decisions about their A Level choices. It's also a really busy time for our careers team, and we're delighted to share some of this term's opportunities with you. I'm particularly looking forward to our Creative Careers Fair which looks especially exciting! We love talking to young people about their aspirations and ambitions and helping them find the next steps that will unlock pathways for them - please do continue to talk to us!

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## Career events in the autumn term at school

#### Dentistry/finance/law mock interviews

 Thanks to our alumni we have been able to offer mock interview/information sessions to those Year 13 students who are planning a career in dentistry, finance or law

## Careers@lunchtime events, covering the following industries

- Finance
- Dentistry

Also still to come, three NHS events run by

- · South London and Maudsley Foundation Trust
- · Bromley Health care
- · Lewisham and Greenwich NHS Trust

- **Trip to Salesforce** Computer Science students visited the Salesforce offices in London
- Trip to The7Stars, an advertising/media company in London
- Talk the Talk communication workshop
- 1-1 Year 11 career guidance interviews will continue through the term
- Online mock interviews for Year 13 students
- Year 12 presentation on LinkedIn and Work Experience
- Online evening webinar run by the Oxleas NHS Trust for the Forensic Psychological Therapies department

#### AND FINALLY two brand new events:

Creative Careers Fair on 2 December and MMI Interviews (date tba)



## Choosing your next steps: GCSEs/A Levels

- Probably the most important piece of advice is to choose subjects that you enjoy as you are more likely to succeed
- · Obviously think about your possible career path
- · Consider your academic strengths and weaknesses
- Ask other peoples' opinions
- Don't choose a subject because of a friend or a teacher remember it is your choice
- If you know that you want to go to university and what you want to study, then remember that certain university degrees require specific requirements, so have a look at the UCAS website
- Look at the workload, some courses may involve a lot of essay writing, so be realistic about your choice
- Apprenticeships are now becoming very popular, again look at UCAS to find out more information

## Tips on how to prepare for an interview

General tips for interviews:

- Be on time (even get to the venue early so you know where you are going)
- Make sure you are smart (that includes clean shoes!)
- · Be confident in your answers
- Look the interviewer in the eye
- · Don't fiddle with your hands
- Don't feel that you have to answer the question immediately, take your time
- Talk clearly without repeating "um" or "like" in every sentence
- Be enthusiastic and keen

Here are some basic questions that are often asked in interviews, so make sure you prepare your answers in advance

- Why have you chosen to be a xx?
- Why have you applied to this university/degree apprenticeship course?
- What is your strongest asset?
- What are the areas where you think you need to improve?
- What have to read to increase your knowledge of this course?
- Explain where you completed your work experience

## Benefits of applying for work experience early

Work experience supports you to make career decisions, develop employability skills and support successful transition into higher education/the work place

Year 12 students - As you know, our work experience week runs from Thursday 10 - Wednesday 16 July 2025. We recommend that you start applying for placements during these 7 weeks before Christmas, as all Year 12 students in the Bromley Borough will also be looking for work experience and placements are limited. Make a plan: why not start this weekend by googling your chosen industry, then email a few employers a week, attaching your cv, over these next 7 weeks. If they don't reply to an email, then phone to chase your application. Please email me on cgreen@newsteadwood.co.uk when you are successful and let me know the details



# CONNECTING CURRICULUM TO CAREERS





Green Careers Week runs in November and is designed to promote opportunities for young people to have a career that will genuinely make a difference. A green career can be any job, role or occupation that contributes to preserving or restoring the environment

## Various companies working towards a "greener" country

Amey is working towards providing faster, more efficient and greener transport

Canal & River Trust combines traditional civil engineering with skills like ecology, carbon management, energy efficiency and water conservation

The Clarion Housing Group are making a great difference the people & the planet

TSW Training is offering environment and sustainability training qualifications that give businesses and their employees the resilience and expertise they need to work towards net zero targets

## Tip from Yvonne Booth, Manager at Mowi Ireland

"If you are hoping for a career in sustainability, join professional organisations, go to industry events, talk to people who work in sustainability, use your LinkedIn account to make contact with relevant people and look out for training and volunteering opportunities"

#### Membership body for environment and sustainability

IEMA is the membership body for environment and sustainability professionals. IEMA student membership is available to those studying a degree or degree level apprenticeship, and IEMA Futures is the early careers network

#### Some examples of study opportunities in this industry

- Sustainability in Fashion degree at the Fashion Retail Academy, UCAS Tariff 104-120 points
- Environmental Science & Management degree at the University of Portsmouth (with a possible year in Perth, Australia). This degree covers issues such as habitat loss, water pollution and climate change. Grades needed are BBB-BBC A Level or 120 points
- Environmental Science 6 year degree apprenticeship at Kingston University. Could you find sustainable solutions to environmental challenges such as climate change, resource use and environmental pollution? 96-120 points required

#### Volunteering/work experience

It would be ideal, if not essential, to gain some volunteering/work experience in this area. Try contacting the National Trust, the Woodland Trust or the Canal and River Trust



If you have any questions or careers related topics you would like us to include in future newsletters, please contact careers@newstead.co.uk